

ARDELEANA CU FIGURI

(Romania)

Ardeleana Cu Figuri (Ahr-deh-LYAH-nah coo Fee-GOOR-ee) was introduced at the University of the Pacific Folk Dance Camp, 1956, by Dick Crum, who learned it from natives in several villages around the town of Vârset in Banat. A literal translation of the title would be "Dance from Transylvania with Figures."









In its native setting the Ardeleana is highly improvised, the variations being performed according to the whim of the man. The following sequence will fit the recommended record, and is the routine presented by Mr. Crum.

MUSIC: Record: Cristea CR-507B "Invartita Dela Danes"

FORMATION: Cpls anywhere on the floor.

STEPS AND Basic Ardeleana Step: (takes 2 meas to complete)









STYLING: Ptrs face, each turning slightly to own L. W hands on M shoulders, M R hand at W L shoulder blade, his L hand grasps her R arm just below elbow. M and W use identical ftwork.

1	&	2	&		1	&	2	&
								
Slow-----		Quick			Slow-----		Quick	
L		R	L		R	L		

Meas 1: Step diag fwd L with L (ct 1 &), step fwd with R passing L (ct 2), step diag fwd L with L (ct &). Meas 2: Hold (ct 1), step diag fwd L with R, passing L (ct &), step diag fwd L with L, passing R (ct 2 &). During these 2 meas cpls revolve CW as far as possible comfortably. To reverse, each dancer turn slightly to own R: W keep hands on M shoulders, M reverse hold so that his L is at W R shoulder blade, his R grasping her L arm just below elbow. Reverse ftwork by stepping diag fwd R with R and revolve CCW.

Continuation Step: (takes 2 meas to complete)

This step is added to the Basic Ardeleana Step to form the "Short Turn", the "Long Turn", and is the step used in the "Arches."









1	&	2	&		1	&	2	&
								
Step-----		Hop			Step-----		Step	
R		R	L		R	L		

When done to the L: Meas 1: Step diag fwd L with R (ct 1 &), hop on R (really a smooth lift) (ct 2), step diag fwd L with L, passing R (ct &). Meas 2: hold (ct 1), step diag fwd L with R, passing L (ct &), step diag fwd L with L, passing R (ct 2 &). During these 2 meas cpls revolve CW.

When done to the R, cpls revolve CCW. Begin stepping diag fwd R with L.

Men's Show-off Steps: These steps are actually personal improvisations done by the M. Ptrs face each other, M R and W L hands joined. W R (back of hand) on hip. M may place his L hand behind head, elbow out to side; or it may be on his hip, or held low out to side. While M does Show-off Steps, W take small walking steps as she follows him from side to side, or do Basic Ardeleana Step.





Show-off Step #1: (takes 2 meas to complete)

1	&	2	&		1	&	2	&
								
Hop Step		Hop Step			Dip-----		Hop Step	
R	L	L	R		R		R	L

Moving to R: Meas 1: Hop R, kicking L out quickly (ct 1), step L (ct &), hop L, kicking R out quickly (ct 2), step R (ct &). Meas 2: Dip slightly on R leg, swinging L ft down and across in front of R with inner edge of ft up (ct 1 &), hop R (ct 2), step L in place, turning to face L (ct &).

Moving to L: Repeat above 2 meas with opp ftwork.

Show-off Step #2: (Takes 1 meas to complete)

1	&	2	&
			
Hop	X	X	X
R	L	R	L

Hop on R, swinging L fwd slightly (ct 1), step L to R of R so that outer edges are touching and roll so that outer edge of R is on floor (ct &); keeping ft in same pos, shift wt onto full R so outer edge of L is on floor (ct 2), in same pos shift wt onto full L so outer edge of R is on floor (ct &).

Repeat action of above meas with opp ftwork.

NOTE: During steps in Basic Ardeleana pos, the farther the cpls can revolve, the better. Basic Ardeleana and Continuation Steps are done rather flat footed, although as the cpls revolve faster, the steps become a walking heel-toe motion.

MUSIC 2/4

PATTERN

Measures

- 2 Meas INTRODUCTION
- I. BASIC ARDELEANA STEP
- 1-8 Beginning L, dance 4 Basic Ardeleana Steps.
- II. SHORT TURN
- 1-4 Beginning L, dance 1 Basic Ardeleana Step followed immediately with 1 Continuation Step to L (beginning with R).
- 5-8 Beginning R, repeat action of meas 1-4, Short Turn.
- III. ARCHES
- Beginning L, dance a series of 8 Continuation Steps.
- 1-2 M contact W L hand (fingers up, palm out) with R hand (at R angle to floor, thumb up, palm out) as he moves diag fwd L, raising his R arm under which W makes 1/2 turn CCW as he turns 1/2 CW. Both begin L and dance 1 Continuation Step. Finish facing ptr, releasing hands.
- 3-4 With 1 Continuation Step moving twd each other, M contact W R hand with his L and as they pass W make 1/2 turn CW, M make 1/2 turn CCW under the joined hands.
- 5-8 Repeat action of meas 1-2 (Fig III).
- 9-10 With 1 Continuation Step dancers move twd each other, M take W L hand in his R (thumb down) and turn her one full turn CCW under the joined hands as he dances in place.
- 11-12 M take W L hand in his L (thumb down) and turn her again one full turn CCW as each does 1 Continuation Step. As W finishes turn, M bring her L hand to the small of his back and place it in his R hand there; simultaneously she places her R at the small of her back and he passes his L hand under her L arm and takes her R hand where she placed it. L shoulders are now adjacent, hands grasped at each other's backs.
- 13-14 In above pos dance 1 Continuation Step moving CCW, as a cpl.
- 15-16 M release W R hand and withdraw his L. M dance 1 Continuation Step in place turning slightly to his R and pulling W around CCW to face him as she does 1 Continuation Step.

ARDELEANS CU FIGURI (continued)

IV. LONG TURN

- 1-8 Dance 1 Basic Ardeleana Step to L and add to it 3 consecutive Continuation Steps to L, turning CW.
- 9-16 Repeat action of meas 1-8 (Fig IV), beginning R and turning CCW.

V. MEN'S SHOW-OFF

- 1-8 Do M Show-off #1 4 times, starting hop on R.
- 9-16 Do M Show-off #2 8 times, starting hop on R.
- 64 meas Repeat dance from beginning.

VI. FINALE - SHORT TURN

- 1-4 Dance 1 Basic Ardeleana Step to L, followed by 1 Continuation Step to L (beginning with R).
- 5-8 Repeat action of meas 1-4 (Fig VI) with opp ftwork.

Dance may end with stamp. PLEASE do NOT bow!